



Continuing Education Topics for Professionals and Hospitals

Topic	Description	Meets Licensing Requirements	Minimum Credit Hours
7 Signs of Elder Abuse		RN, SW, NHA	1
A Legal and Medical Perspective Related to Dementia	Learn how the legal and medical communities work together regarding a dementia diagnosis	RN, SW, NHA	1
A Legal Road Map for Aging Well	Learn how proper advanced legal planning can help ensure a smoother journey	SW	1
After the Funeral and Everybody Has Gone Home, Now What?	Recent widows are often overwhelmed with the loss of their life mate and realize they now have to manage their affairs alone. Often one spouse did most of the bill paying, investments and managed the domestic affairs. Estate administration is not an easy task and takes time and thoughtful management. Learn what you need to know about paying bills, debts, dispersing assets and reviewing your legal documents.	RN, SW, NHA	1



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Aging in Place	This presentation discusses how to help seniors remain in their homes as long as possible. What options are available and descriptions of where and how they can get help.	RN, SW, NHA	1
Aging with Your Ducks in a Row	An overview of the importance of estate planning. What happens if you do not have an estate plan? Basic estate planning techniques every person should know: wills, trusts, powers of attorney and deeds.	NHA	1
Celebrity Estate Battles	Learn about the legal issues resulting from the estate planning missteps of celebrities. Learn probate avoidance methods including joint tenancy, trusts, and lifetime gifting, and review when it's appropriate to assign powers of attorney.	RN, SW, NHA	1.5
Coordinating Quality Care, Defining Roles and Managing Expectations	Learn how family dynamics, finances and legal considerations impact a loved one's living arrangements.	RN, SW	1
Decisional Capacity	How to Evaluate and Based on the Law, Who Decides When a Patient/Client Can't?	RN, SW, NHA	1



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Decisional Capacity for an Adult who is Mentally Compromised or Disabled	Depression, Bi-polar, PTSD and Schizophrenia are recognized diseases that impact one's decisional capacity. How to help your loved one to get their legal documents in order including HIPPA forms, POA, Declaration for Mental Health Treatment and Special Needs Trusts.	RN, SW	1
Don't be the Victim: Legal Intervention for Financial Exploitation, Choices in Long Term Care		RN, SW, NHA	1
Dysfunctional Modern Family		RN, SW, NHA	1-2
Elder Abuse: Fact, Fiction & Interventions	Learn about elder abuse in the U.S.	SW	1
Emotional Intelligence		RN, SW, NHA	1
Estate Planning 101: Wills, Trusts & Powers of Attorney		RN, SW	1



Continuing Education Topics for Professionals and Hospitals

Estate Planning Tips for the Modern Family	Learn about estate planning for families with children from multiple marriages, single parents, adopted children, cohabitating couples, and same sex couples	SW	1
Estate Planning: Preparing and Protecting Your Future Wishes	Long-term care and financial planning	SW	1
Ethical Issues When Individuals Have Diminished Capacity		Ethics, RN, SW, NHA	1
Ethics & Scams	The presentation discusses how to protect seniors from a plethora of common senior scams	Ethics, RN, SW, NHA	1
Ethics at End of Life	Learn how practitioners can protect themselves in the decision-making chain of command for issues surrounding death. Review who has the right to make decisions on behalf of an incapacitated person and discuss how to protect an incapacitated person's wishes and avoid a legal dispute.	Ethics, RN, SW, NHA	1.5



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Financial Capacity	Learn how to manage a loved one's financial affairs, how to work with financial institutions, and how to make loved one feel they have some rights	SW	1
Financial Exploitation – The Crime of the Century	Seniors are targets of financial exploitation by both professional scammers as well as unscrupulous family members and caregivers. Learn how to protect vulnerable older adults with legal procedures including powers of attorney and guardianship.	RN, SW, NHA	1
Financial Exploitation - The Crime of the Century - learn how to protect adults from financial exploitation with legal procedures	Learn about crime and scams against seniors	SW	1
Game Plan for Life's Second Half	This estate planning overview will coach you through the winning legal strategies you can use for a successful future using wills, trusts and powers of attorney.	RN, SW, NHA	1
Getting Off the Long-Term Care Roller Coaster: A Peak into		RN, SW	1



Continuing Education Topics for Professionals and Hospitals

Hybrid Insurance Options			
Government Benefits 101: Understanding VA and Medicaid	place when anticipating medical challenges • State three proven techniques to assure better communication with	RN, SW, NHA	1
Guardianship & Advance Directives	care providers • Learn about an exciting new piece of technology that helps people get ALL their affairs in order, both medical as well as household and financial records • List two reliable websites that give reliable information on medical conditions and drug interactions	RN, SW, NHA	1
Guardianship and Dementia	How to communicate with families dealing with dementia	RN, SW, NHA	1
Guardianship Is Not Only for Adults	Learn about the legal process to assist your clients for Minor (under 18) Guardianship	SW	1
Have a Say in Your Future	Adequate legal planning for older age	SW	1



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Healthcare Issues and Trends	facing high costs of healthcare in the future • Understand the importance of wise planning for Medicaid, avoiding common pitfalls seniors face when savings are becoming depleted.	RN, SW, NHA	1
Hoarding and the Law	It's more than reality TV; its life for many that go unnoticed or reported in your community. Hoarding has been at the forefront of American's attention recently and has been recently recognized as a mental health disorder. In addition to the initial shock of the hordes of "stuff" that lie behind a hoarder's closed doors, what happens when the law steps in? This conversation will review the complete hoarding continuum, various solutions available such as guardianship, professional's ethical concerns, housing/landlord issues and legal options for ensuring relapses do not occur. Learn how an elder law attorney complements the health care team to ensure the disabled person receives the help they need.	RN, SW	1
Home Care: Navigating the New Frontier	Panelists will discuss the changing landscape of private pay (private duty) home care, new legislative issues affecting referrals and consumer protection practices	RN, SW	1



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Illinois vs Wisconsin Powers of Attorney: What's the Big Deal?		RN, SW, NHA	1
Legal Aspects of Alzheimer's and Dementia		RN, SW, NHA	1
Legal Care for a Loved One Who Has Special Needs	Learn the correct way for legal planning for those with special needs to avoid the loss of eligibility for vital government assistance	SW	1
Legal Care for Family Caregivers		SW	1
Legal Consideration When There Has Been A Chronic Illness	The diagnosis of chronic illness is undoubtedly challenging in many respects. At this presentation we will discuss the critical legal issues that should be addressed to help avoid costly errors.	Ethics, RN, SW, NHA	1
Legal Planning for Long-Term Care: Medicare Does Not Pay it All		RN, SW, NHA	1.5



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Legal Remedies for Abuse, Neglect, & Financial Exploitation		RN, SW, NHA	1.5
Legal Self Defense – Planning for Dementia	Find out what legal tools patients and families dealing with dementia and/or Alzheimer’s disease can utilize to protect the patient’s wishes and long-term care plan.	RN, SW, NHA	1-2
Long-Term Care: Medicare Does Not Pay for It All	Learn the legal options in planning and paying for long-term care	SW, NHA	1
Marriage Equality & Elder Law: Planning for your future		RN, SW, NHA	1
Medical Ethics: What is Medical Ethics?	How do those serving the elder care community make ethical decisions and why.	Ethics, RN, SW, NHA	1-2
Navigating Legal Issues for Family Caregivers: What Social Services Professionals Need to Know		RN, SW, NHA	1



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Not Your Grandma's Medicaid: Applying for Medicaid Benefits		RN, SW, NHA	1
Now What? Understanding Estate Administration (After a loved one dies)		RN, SW	1
Outsmarting the Granny Scammers	Learn the legal safeguards to protect from neglect, abuse, and financial exploitations	SW	1
Planning Ahead When Living with a Chronic Medical Condition		RN, SW, NHA	1
Planning Strategies for the Caregiving Child		RN, SW	1
POLST – Physician Orders for Life-Sustaining Treatment	An overview of the Practitioner's Order for Life Sustaining Treatment - what is it? Also focus on the discussion of end of life options.	Ethics, RN, SW, NHA	1.5
Prepare to Care	One of the hardest tasks in the world is putting together a plan you hope your loved one never needs	RN, SW	1



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	to use. When the unexpected happens, however, it helps to have the documents in place to deal with life's complications, especially when they are designed to help you care for someone close to you. This session will focus on the legal planning necessary to plan for today and the future.		
Proactive Planning When Living with a Chronic Medical Condition		RN, SW	1
Probate 101	Learn about the probate process	SW	1
Protecting Seniors from Financial Scams		Ethics, RN, SW, NHA	1-2
Protecting the Family When a Parent is Vulnerable		Ethics, RN, SW, NHA	1



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Questioning Capacity	How do you determine if an individual is capable of making decisions? Learn how to determine mental capacity and review the laws in place to protect people with capacity issues.	RN, SW, NHA	1
Romancing for Riches		SW	1
Social Security Disability: Understanding and Applying for SSI & SSDI		RN, SW, NHA	1.5
Special Needs Trusts	Learn how to protect a disabled individual's eligibility for current or future public benefits with the use of special needs trusts.	RN, SW	1
Super Powers	Discussion about Powers of Attorney for Healthcare & Property. Includes key elements of each and why they are necessary	RN, SW, NHA	1
Take Control	Estate Planning for Seniors	RN, SW	1



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Taking Control of Your Future: Strategies for Avoiding Legal Pitfalls		RN, SW, NHA	1
The ABC's of Long Term Care	How to pay for long term care, nursing homes costs, what Medicare or Medicaid does and doesn't cover and legal strategies available to those who plan ahead.	RN, SW, NHA	1
The Dysfunctional Modern Family	The family dynamic on the hit ABC sitcom "Modern Family" can be so outrageous it is almost funny. But, unfortunately, in our experience, there are certain family issues that are far from funny; for example, when the family is under extreme stress from taking care of an older parent or loved one. In this seminar, an elder law attorney will break down this family dynamic and offer solutions on how to communicate with families dealing with dementia. Dementia will also be addressed in the family system from the court's perspective, including pre-planning that is available upon a diagnosis of early-stage dementia, all the way through guardianship and deciding who is the best person to act as guardian when the family is fighting.	RN, SW, NHA	1



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The Importance of Advanced Directives & Having “The Conversation”:	An in-depth discussion of Powers of Attorney, HIPAA and Living Will documents	RN, SW, NHA	1.5
The Importance of Having the Right Documents	Consequences for those who have not planned for various legal issues. Discusses documents such as POAs, Wills/Trusts	RN, SW, NHA	1
The Other Bucket List	25 Documents Nobody Should Be Without - Learn about proper documents needed for your loved ones before you die	SW	1
The Right to Die: Who has the Final Say?		RN, SW, NHA	1
The Sandwich Generation	Tips and tricks for adults caring for their aging parents while supporting their own children. Learn what steps should be taken to protect aging family members’ physical and financial needs	RN, SW	1
The Umbrella Factor	Cover yourself for unexpected storms with Power of Attorney and related documents	RN, SW	1



Elderwerks

Searching For Elder Care Has Never Been Easier

Continuing Education Topics for Professionals and Hospitals

Trust Worthy and Willing to Help	Discuss focusing on the details of Trusts and Will	RN, SW, NHA	1
Trusts and Power of Attorney for Property	What They Are, How They Work, and How They May Help You or Someone You Care About	RN, SW, NHA	1
Truth About Medicaid Benefits	An overview of various Medicaid Benefits, planning strategies and needs	RN, SW, NHA	1
Uncovering Medicaid Myths	Medicaid's nursing home laws have become increasingly complex over the years. So, it's no wonder there are many myths and inaccuracies that exist. At this presentation we will address common Medicaid misconceptions and costly mistakes that can be avoided with the proper planning. Knowing the truth about these myths is the key to making the right decision.	RN, SW, NHA	1
Understanding Estate Administration		RN, SW, NHA	1
Understanding Legal Mental Capacity		RN, SW, NHA	1
Understanding the Surrogate Decision	POA for Healthcare and Property, the Healthcare Surrogate Act, Mental Health Preference Treatment	RN, SW, NHA	1-2

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Makers	Declaration Act & Guardianships		
Updates to the Powers of Attorney	Discussion of Powers of Attorney and living wills	RN, SW, NHA	1
VA and Medicaid Benefits	What benefits can we use to help pay for care. Provides a brief overview of both Veterans' Benefits and standard Medicaid benefits	RN, SW, NHA	1
Veteran's Aid & Attendance	Money for Home Care or Assisted Living. How to avoid pitfalls and qualify for VAA&A Benefit	RN, SW, NHA	1
What Do You Do When Mom Says, "I Do?"	When older adults find love in their golden years and wish to remarry, their family may become concerned about the financial or legal implications of this new union. Learn about steps that should be taken before a parent remarries to ensure their financial and healthcare wishes remain intact and protected	RN, SW	1
What Does Elder Law Really Mean?	General presentation regarding elder law. This presentation is to educate on what elder law is and how it is beneficial.	RN, SW, NHA	1
What You Need to Know in the Second Half of	Traditional estate planning addresses what happens if you die, but did you ever think about what will happen if you suffer a stroke or are diagnosed with chronic	RN, SW	1



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Life	illness and live into your 80's or 90's? How to legally prepare yourself as you get older, what to do to protect yourself and your family and avoid mistakes.		
What's Your Plan B – Preparing for the Unexpected	Plan A is living your life at home comfortably in great health with no assistance. Unfortunately plan A rarely happens. Learn about critical issues regarding hiring a caregiver, moving to assisted living, moving to a nursing home and what to look for when signing in-home care contracts, nursing home contracts and Medicaid application.	RN, SW, NHA	1
When Children with Special Needs Turn 18	Review how special needs trusts and guardianship can be utilized to help ensure children with special needs can thrive as adults.	RN, SW	1
When Dementia Leads to Drama	A discussion about the surprising, complicated, and dramatic situations that families and attorneys have encountered when a loved one is diagnosed with dementia. Uncover the legal methods that are commonly used to resolve these dilemmas.	RN, SW	1
Who Decides When a Patient/Client Can't?	Learn about the types of decision-makers that Illinois law recognizes	RN, SW, NHA	1



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Continuing Education Topics for Professionals and Hospitals

Who is the Client? Ethical Issues When Working with Individuals with Diminished Capacity		Ethics, RN, SW, NHA	1.5
You Do Have Options	Asset protection for seniors	RN, SW	1
Your Life, Your Way	Family estate planning	RN, SW	1



Continuing Education Topics for Professionals and Hospitals

Housing and Care Topics

Housing and Care Topics	Meets Licensing Requirements	Credit Hours
ACO's: Accountable Care Organizations	RN, SW, NHA	1
Age of Anxiety: Understanding and Treating Anxiety Disorders	RN, SW, NHA	1
Aging Spine	RN, SW	1
Alzheimer's Disease Today	RN, SW	2
An Introduction to Emotional Intelligence	RN, SW, NHA	1
Animal Assisted Therapy: What is a therapy dog vs service vs comfort support animal; how therapy dogs are trained, how therapy dogs are utilized in different facilities, how therapy dogs use activities to accomplish goals	RN, SW	1
Art as a Communication Tool for People with Dementia	RN, SW	1
Assessment Techniques: When Seniors and Their Caregivers are at Risk	RN, SW	1.5
Benefits of Art Therapy	RN, SW	1
Building Your Brain's 401(k) to Resist Dementia	RN, SW	1
Cannabis and Medicinal THC	RN, SW, NHA	1



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Care for the Caregiver: Overcoming Burnout, Stress and Negativity	RN, SW	1
Care, Choice and Dignity: The Ingredients for Residents' Rights	RN, SW, NHA	1
Caregiver Burnout and Elder Abuse Caregiver stress is a leading cause of Elder Abuse. Learn strategies to help minimize caregiver stress and factors that may lead to EA.	Ethics, RN, SW, NHA	1
Caregiver Tips to Stay Organized	RN, SW	1
Caring for Ourselves as Professionals: Identify Causes of Stressors and Symptoms of Professional Burnout	RN, SW, NHA	1
Caring for the Caregiver	RN, SW	1
Cognitive Assessment & Memory Engagement Plan An investment in regaining, retaining and enhancing memory abilities.	RN, SW, NHA	1
Colliding Worlds of Aging and Mental Health Mental illness grows old. As our aging population grows, so do the number of older adults with mental health needs. Learn major categories of Mental Illness as well as how those diagnoses influence older adults and their families.	RN, SW	1
Communicating with Difficult Patients	RN, SW, NHA	1
Communicating with Families Dealing with Dementia	RN, SW, NHA	1



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Coping with Caregiver Criticism	RN, SW	1.5
Coping with Grief: Losing an Aging Loved One	RN, SW	1.5
Cultural Competency in Health Care Information on generational cultural influences The older immigrant population, our own cultural biases regarding aging and ethnicity, and how to gather cultural information on each client to better serve them.	Cultural, RN, SW, NHA	1
Cultural Considerations in End of Life Care Program discusses the physical and psychological needs of the multicultural patient during the dying process. The learner will have an enhanced understanding of the beliefs and rituals practiced by various cultures to assist in providing culturally competent care. Suggested caregiver interventions are provided.	Cultural, RN, SW, NHA	1
Cultural Diversity	Cultural, RN, SW, NHA	1
Dealing with Life Transitions	RN, SW	1
Dealing with Sexually Inappropriate Behavior This presentation will focus specifically on sexually inappropriate behavior (SIB) displayed by patients with dementia and related neurocognitive disorders.	RN, SW	1
Decisional Capacity for Healthcare Providers Identify types of advance directives, explain decisional capacity, case study evaluations, identify assessments tools, discuss the care manager's role related to decisional capacity	RN, SW, NHA	1
Delirium	RN, SW, NHA	1
Delirium & Discharge Planning	RN, SW, NHA	1
Dementia & Alzheimer's for the Discharge Planner	RN, SW, NHA	1
Dementia and Managing Behaviors	RN, SW, NHA	1



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Dementia Live	RN, SW, NHA	1
Dementia Misdiagnosis: It's Not Always Alzheimer's	RN, SW, NHA	1
Demystifying Long Term Care Insurance	RN, SW, NHA	1
Diagnosing the Diagnosis	RN, SW	1
Did You Just Say the "H" Word?	RN, SW	1
Difficult Cases Difficult cases come in all kinds of packages. Client and family interaction can be frustrating when cooperation with a care plan is minimal and progress is slow. Frustration and negative views of your clients are normal reactions but can damage the client/worker relationship. Three case studies will be presented for facilitated discussion. Focusing on how mental health and aging worlds are colliding and ways to approach those cases with an emphasis on collaboration, strengths, perspective and self-care for the practitioner.	RN, SW, NHA	1
Dysfunction: Strategies for Working with Clients and Families	RN, SW, NHA	1
Effective Communication & Conflict Resolution Participants will learn interpersonal skills to improve their relationships and success at work and at home. Communication skills such as empathy, active listening, assertiveness training, diplomacy, healthy boundaries and professionalism will be reviewed and practiced through exercises and activities. Conflict resolution skills such as mindfulness, detachment, intention, problem-solving, and collaboration for win-win solutions will be discussed. Dealing with difficult people, including specific tools and tips for dealing with particular personality types will be presented with case examples and role plays in this lively and interactive training.	RN, SW, NHA	1
Elder Abuse How to report it, what to look for if you think an elder is being abused and where report it.	RN, SW, NHA	1



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Elder Financial Exploitation Financial abuse against older adults. Who, where and how to safeguard yourself.	RN, SW, NHA	1
Empowering Your Patients to be Prepared to Prevent a Crisis Helping to understand what wellbeing is and Prevention of a crisis	RN, SW, NHA	1
Establishing Healthy Work/Life Balance Workshop provides practical tools for creating work/life balance through skills such as creating a personal & professional vision that incorporates wellness, setting healthy boundaries, practicing self-care and effective stress-management and time-management.	RN, SW, NHA	1
Ethics & Cultural Competency Practical application & useful information in the everyday challenges of ethics & cultural competency	Ethics, RN, SW, NHA	1
Ethics for Discharge Planning	Ethics, RN, SW	1
Ethics for Professionals Working with Different Cultures	Ethics/Culture, RN, SW, NHA	2
Ethics in Hospice & Palliative Care Participants will be able to: Identify the 4 basic ethical principles, distinguish the differences between law and ethics, identify when withholding or withdrawing treatment is ethically sound, recognize the benefit vs. burden of artificial hydration and nutrition and understand the legal ramifications of terminal sedation. Learners will gain a much broader understanding of the value of the principles and issues presented as they participate in case discussion.	Ethics, RN, SW, NHA	1
Ethics: An Essential Foundation in Healthcare	Ethics RN, SW, NHA	1-2
Ethnic Diversity	Ethics, RN, SW, NHA	1



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Experience 12 Minutes in Alzheimer's Dementia What's it like to have dementia? The patented Virtual Dementia Tour (VDT) from Second Wind Dreams was created after years of research, to enable normally aging adults of all ages and backgrounds experience what it's like to struggle with dementia.	RN, SW, NHA	1
Eyes	RN, SW	1.5
Fall Prevention & Home Safety Screening for the Home	RN, SW	1
Financial Options	RN, SW, NHA	1
From Frail to Function – How You Can Help the Elderly with Exercise	RN, SW	1
Gastrointestinal Diagnoses and Nutrition Support	RN, SW	1
Geriatric Depression	RN, SW, NHA	1
Healing Intergenerational Wounds	RN, SW, NHA	3
Healthcare Planning in Retirement	RN, SW, NHA	1
Hearing Loss and Dementia	RN, SW	1
HIV and Dementia	RN, SW	1
Home is Where You Hang Your Hat	RN, SW, NHA	1
How to Build a Support Network When You are a Caregiver	RN, SW	1.5
How to Help an Elderly Patient Accept Help	RN, SW	1
How to Help Your Parents When the Time Comes Learn about important documents, services available and more	RN, SW	1
How to Prevent Caregiver Burnout	RN, SW	1.5



Continuing Education Topics for Professionals and Hospitals

How to Work With Aging Loved Ones to Help Maintain Their Independence	RN, SW	1.5
Identifying the Warning Signs: How is Your Aging Loved One Functioning at Home	RN, SW	1.5
Illinois Medical Cannabis Pilot Program How Medical Cannabis Works to Heal Us	RN, SW, NHA	1
It's All About Access - Medicare Update	RN, SW, NHA	1
Know Your Healthcare Options	RN, SW, NHA	1
Laugh for the Health of It	RN, SW	1
LGBT Aging...A Reality Check	Cultural, RN, SW, NHA	1
LGBT Training, Information & Resources	Cultural, RN, SW, NHA	1
LGBTQ and Older Adults	Cultural, RN, SW, NHA	1
LGBTQ Competency in Health Care	Cultural, RN, SW, NHA	1
Living a Full Life Well	RN, SW, NHA	1
Living Better with Parkinson's Disease	RN, SW	1
Living in the Sandwich Generation: How to Create a Balance in Your Life	RN, SW	1.5
LTC Planning Understanding & Evaluating Today's Policy Choices	RN, SW, NHA	1
Managing Anxiety and Depression as We Age	RN, SW, NHA	1
Managing Reactions to Patients	RN, SW	1
Mastering the Mysteries of Motivation	RN, MW	1



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Medical Marijuana An Introduction to Cannabinoids and the Endocannabinoid System	RN, SW, NHA	1
Medical Weight Loss	RN, SW	1
Medicare Defined: What's Covered by Medicare	RN, SW, NHA	1
Medicare Part B and Home TPN	RN, SW, NHA	1
Mental Health and Stigma	RN, SW	1
Mindfulness in Both Your Professional Role and in Your Self-Care Use mindfulness techniques can help ease client's anxiety as well as helping them to focus on moving forward with their goals. Learn five techniques to easily use in your work with clients.	RN, SW, NHA	1
MMAI Medicare-Medicaid Alignment Initiative On February 22, 2013, the Illinois Department of Healthcare and Family Services (HFS) received approval from the federal Centers for Medicare and Medicaid Services (CMS) to jointly implement the Medicare-Medicaid Alignment Initiative (MMAI). The MMAI is a groundbreaking joint effort to reform the way care is delivered to clients eligible for both Medicare and Medicaid Services (called "dual eligibles").	RN, SW, NHA	1
Movement as Medicine Dance/Movement Therapy with Cognitive and Movement Disorders	RN, Sw	1
Music and the Brain	RN, SW	1
NCOA (National Council on Aging) Planning to Stay at Home? Planning, resources and isolation issues	RN, SW	1
New Health Care Reform Act What Every Medicare Beneficiary Should Know	RN, SW, NHA	1
Normal vs. Complicated Grief	RN, SW	1
Nurturing Your Own Mind, Body & Spirit	RN, SW, NHA	1
Older Adults and Depression Focus on identifying and treating older adults with depression.	RN, SW	1



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Opioid Abuse and Older Adults	RN, SW, NHA	1
Oral Oncolytic Overview	RN, SW, NHA	1
OTC & Prescription Drug Abuse in the Elderly Define drug abuse, identify commonly abused prescription and OTC drugs, describe how prescription & OTC drugs affect the brain, distinguish between dependence and addiction, describe the prescription opioid overdose epidemic, choose appropriate management strategies	RN, SW, NHA	1
Pain Management for the Elderly	RN, SW	1
Parkinson's & Discharge Planning	RN, SW	1
Parkinson's Disease Strategies, Techniques & Medications for a Better Life What is Parkinson's disease, physical symptoms, non-motor symptoms, what helps people with Parkinson's, activities, strategies, medications	RN, SW	1
Pharmaceuticals and Dementia Discussion including common medications as well as those used for behaviors.	RN, SW	1
POLST Practitioners Orders for Life-Sustaining Treatment	Ethics, RN, SW, NHA	1
Poly-Pharmacy for the Case Manager	RN, SW	1
Professional Boundries	RN, SW	1
Protecting Seniors from Financial Scams	Ethics, RN, SW, NHA	1-2
Questioning Capacity	RN, SW, NHA	1-2
Re-Admissions and the Fall Risk Patient	RN, SW	1
Relaxation Techniques on the Go	RN, SW	1
Religion and Healthcare Decisions	Cultural, RN, SW, NHA	1



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Self-Care & Burnout Prevention for Helping Professionals Participants will learn tips for preventing compassion fatigue and dealing with burnout. Practical suggestions for self-care specifically aimed at helping professionals will be provided.	RN, SW, NHA	1
Self-preservation for the Soul & Using Reiki	RN, SW, NHA	1
Senior Housing Options	RN, SW	1
Smooth Transitions Guaranteeing a successful transition can be difficult for older adults moving from their home to senior living or moving from a long hospital stay back home. There are many significant challenges to be addressed – physical, mental, emotional, financial and social. You'll learn strategies to increase the likelihood of a smooth transition between living situations.	RN, SW	1
Spirituality and Health Care Decisions	Cultural, RN, SW, NHA	1-2
Stress and the Brain	RN, SW, NHA	1
Substance Abuse Among the Elderly	RN, SW	1
Supporting Chronically Ill People at Home: Special Considerations	RN, SW	1
Taking the Next Step When Your Loved One Must Leave Their Home	RN, SW	1.5
Talking to Patients and Families about Hospice: How to introduce hospice using a best practice model, understand why people are resistant to hospice, describe the process of working through areas of resistance with patient and family.	RN, SW	1
Teaching Your Partners About Medication Management Focused on medication reconciliation, this program describes an effective collaborative process for achieving this patient safety goal. Realistic approaches to medication management at the end of life are explained. Poly-pharmacy in the elderly	RN, SW	1



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will be explored.		
Technology That Impact Caregiving & Aging	RN, SW, NHA	1
The Latest Minimally Invasive Surgeries Total knee or hip replacement	RN, SW	1
The Psychology of Success The Psychology of Success Storytelling that is both moving and humorous, participants will learn key psychological and interpersonal skills that will help them develop the self-compassion and courage	RN, SW, NHA	
The Right to Die: Who Has the Final Say?	Ethics, RN, SW, NHA	1
The Use of Nutrition Support in the Oncology Population	RN, SW	1
Time Management Tools and suggestions to better manage time. Focusing on reducing work distractions, learn how to identify and decrease “time wasters” during day-to-day office activities and gain awareness of what demands are made on their time at work	RN, SW, NHA	1
Total Shoulder Replacement The latest minimal invasive surgery	RN, SW	1
TPN: From Hospital to Home Initiation	RN, SW	1
Transitioning an Alzheimer’s or Dementia Patient from the Hospital to Home	RN, SW	1
Traumatic Brain Injury / Concussions	RN, SW	1
Underlying Causes of Behavioral Issues	RN, SW	1
Understanding & Managing Behaviors When Dementia is Present (The Senior Gems Professional Dementia Education Series)	RN, SW, NHA	1.5
Understanding Decisional Capacity	RN, SW, NHA	1
Understanding Heart Failure	RN, SW	2



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Understanding Illinois Home Care Licensing Act & Making Appropriate Referrals	RN, SW	1
Understanding Your Genetic & Non-Genetic Risks for Alzheimer's Disease Current Alzheimer's statistics, cost, prevalence & projections; how APOE affects risk of Alzheimer's; the modifiable risk factors associated w/Alzheimer's, Gene-environment interactions with APOE	RN, SW, NHA	1
Use Your Home to Stay at Home Financial balance and stability for your peace of mind	RN, SW	1
Veteran's Aid & Attendance Veterans Pension for Home Care or Assisted Living	RN, SW, NHA	1
What is a Neuropsychological Evaluation and How Can it Help?	RN, SW, NHA	1-2
What is Your Plan B? Preparing for the Unexpected Learn how to help families when unexpected changes occur, how to guide them, inform them of their choices & meet your ethical standards.	Ethics, RN, SW	1
When Stuff Takes Over a Life: The Hoarding Dilemma	RN, SW	1
Why Words Fail - The Neurology Behind Language	RN, SW, NHA	1
Working as an Integrated Team through Meaningful Communication and Documentation	RN, SW, NHA	1

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