

# Understanding and Coping with Caregiver Criticism

Presented by Iris Waichler, MSW, LCSW

Patient Advocate and Author of the award-winning book "Role Reversal, How to Take Care of Yourself and Your Aging Parents"

By joining us for this interesting and interactive presentation participants will learn how to:

- Identify the emotional issues that can impact how caregivers cope with criticism.
- Identify who is doing the criticizing and the reasons why they react this way.
- Identify the latest research on caregiver criticism.
- Identify ways to cope with caregiver criticism.
- Identify action plans you can implement to diminish caregiver criticism.



Open to Community Members and Professionals

## St. Pauls House

3800 N. California Ave.  
Chicago, IL 60618



Tuesday, October 16, 2018

**Registration Sign-in & Light Meal: 5:00pm – 5:30pm**

**Presentation: 5:30pm – 6:30pm**

*Opportunity to view and/or purchase a signed copy of Iris' book after the presentation*

This program awards **1.0 CEU** credit to Illinois nurses, professional counselors and social workers. License number required.

Advanced registration is required. There is a **\$5.00 fee\*** payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation, requested from registrants prior to the date of this event. Please send payment to Elderwerks Educational Services, PO Box 92, Cary, IL 60013. To pay by credit card, an invoice will be emailed through SmartPay after registration. **\*No fee for community members**

To RSVP, contact [events@elderwerks.com](mailto:events@elderwerks.com) or 847-462-0885

