



Transition to Wellness

An Educational Series on Positive Aging for Consumers and Professionals

1.0 free CEU per program for nurses and social workers.

Adult Day Services Evanston

1015 West Howard Street • Evanston IL

LGBTQ+ Trauma and Resiliency

Thursday, October 4, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Jacqueline Boyd
The Care Plan

Benefits of Exercise to Cognitive Functioning and Prevention of Alzheimer's Disease

Thursday, October 11, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Neelum T. Aggarwal, MD
Rush University Medical Center

Weinberg Community for Senior Living

1551 Lake Cook Road • Deerfield IL

Meeting the Challenge of Aging Alone

Wednesday, October 17, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Sharon Dornberg-Lee, LCSW
CJE Counseling Services

Romancing for Riches

Wednesday, October 24, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Kerry R. Peck
Peck Ritchey, LLC

Lieberman Center for Health and Rehabilitation

9700 Gross Point Road • Skokie IL

Preventative Medicine

Thursday, October 18, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Dr. Gregory Wallman
Covenant Medical Group

Opioids and Older Adults

Thursday, October 25, 2018

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Kate Mahoney, LCSW
The Naomi Ruth Cohen Institute for Mental Health Education

Advanced Registration Required

Lecia Szuberla at 847.462.0885 or events@elderwerks.com