



# SMOOTH TRANSITIONS

**Presented By:** Trish Abbey, LCSW, In-Home Counseling for Seniors

**Sponsored By:** BrightStar Care® of Gurnee, In-Home Counseling for Seniors, Spring Meadows, and Elderwerks

## ABOUT THE PRESENTATION

### Helping Older Adults Successfully Navigate Major Life Changes

Guaranteeing a successful transition can be difficult for an older adult moving from their home into a senior living community or moving from a lengthy hospital or rehab stay back home. There are a number of significant challenges to be addressed -- physical, mental, emotional, financial and social. In this talk you'll hear strategies on how to increase the likelihood of a smooth transition between living situations, maximizing the chances of healthy adjustment and a positive outcome.

**1.0 CEU will be awarded to Nurses, Professional Counselors, and Social Workers**

› **DATE: Wednesday, April 25, 2018**

› **TIME: 5:30pm - 7:00pm**

› **LOCATION: Spring Meadows (901 Florsheim Dr., Libertyville, IL 60048)**

Dinner and refreshments will be served.

**To register, email [events@elderwerks.com](mailto:events@elderwerks.com) or 847 462 0885.**

A \$5.00 fee payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation, PO Box 92, Cary, IL 60013, is requested from all attendees prior to the event. An invoice will be mailed after registration to those paying by credit card.



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