

# ***SMOOTH TRANSITIONS***

## **Helping Older Adults Successfully Navigate Major Life Changes**

**1.0 hr.  
CEU**



**Speaker: Trish Abbey, LCSW**  
**In-Home Counseling for Seniors**

**Guaranteeing a successful transition can be difficult for an older adult moving from their home into a senior living community or moving from a lengthy hospital or rehab stay back home. There are a number of significant challenges to be addressed -- physical, mental, emotional, financial and social. In this talk you'll hear strategies on how to increase the likelihood of a smooth transition between living situations, maximizing the chances of healthy adjustment and a positive outcome.**

**Thursday, October 19, 2017**  
**5:30pm - 6:00pm—Registration/Dinner**  
**6:00pm - 7:00pm—Presentation**

**The Wellshire**  
**8415 Waukegan Rd.**  
**Morton Grove, IL 60053**

*This program is free and open to the general public but advance registration is required. 1.0 clock hour of Continuing Education is available to Illinois Social Workers, Professional Counselors, Nurses and Nursing Home Administrators for a \$5.00 fee payable to Elderwerks Educational Services (tax deductible). Payments are non-refundable.*

***To RSVP please contact: [events@elderwerks.com](mailto:events@elderwerks.com) or call 847-462-0885***

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