

NURTURING YOUR OWN MIND, BODY, AND SPIRIT

A CEU PRESENTATION

At Travanse Living™, we support our partners in senior healthcare. Join us for this enlightening presentation focused on holistic health approaches for taking care of yourself first, so you can take care of others.

HOLISTIC HEALTH AND THE AGE OF ANXIETY Wednesday, October 18

5:00 – 6:00 p.m.: Registration & Networking

6:00 – 7:00 p.m.: Dinner & Presentation

Presenter: Daniel Moore, Inspired Wellness – Holistic Health Practitioner and Licensed Massage Therapist

Dinner, wine and beer will be served.

Daniel Moore is a holistic health practitioner and licensed massage therapist. Through his experience teaching holistic health care principles for the past 15 years, Daniel knows that answering the call to care for others requires those “called to serve” to continually nurture all aspects of themselves – mind, body and spirit.

1 CE credit hour will be awarded to nurses, social workers, professional counselors and nursing home administrators.

Fee

There is a \$5.00 fee payable to Elderwerks Educational Services, a 501 (c)(3) non-profit corporation, for all professionals requiring a CEU.

Payments are non-refundable.

If paying by credit card, an invoice will be sent through PayPal after registration. If paying by check, please send payment to Elderwerks Educational Services, P.O. Box 92, Cary, IL 60013.

NOW OPEN!



Registration Required by October 16
Contact Elderwerks at **847-462-0885**
or **events@elderwerks.com**.



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