



Movement as Medicine: Dance/Movement Therapy with Cognitive and Movement Disorders

Wednesday, April 11

Summit of Uptown - 10 N. Summit Avenue, Park Ridge, IL 60068

4:30-5 p.m. Registration & Networking | 5-6 p.m. CEU presentation

Movement is a powerful tool for mental and physical well-being. Dance/movement therapy is a psychotherapy that uses movement to enhance cognition, memory, and mobility, not to mention quality of life and communication. This CEU workshop will cover what dance/movement therapy is and how it can help individuals with cognitive and movement disorders of all levels. Please join us for this enlightening program. Appetizers and refreshments will be served.

Erica Hornthal is a licensed clinical professional counselor and board-certified dance/movement therapist. As the CEO of Chicago Dance Therapy, Erica specializes in working with individuals and care partners affected by cognitive and movement disorders. She brings her expertise to nursing homes, day centers, private residences, and rehab facilities all over Chicagoland.

This program will award 1.0 CEU credit to nurses, professional counselors and social workers. License number is required.

Fee: \$5.00 payable to Elderwerks Educational Services, a 501(c)(3) not-for-profit corporation, for all professionals attending this event. Payment is non-refundable and all proceeds are tax deductible in accordance with Illinois law. (Tax ID#46-0916476). Please send payment to Elderwerks Educational Services, P.O. Box 92, Cary, IL 60013. To pay by credit card, an invoice will be mailed through PayPal after registration.



Interested in Coming?

RSVP by April 6 by calling 847-462-0885 or emailing events@elderwerks.com.



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