

Managing Anxiety and Depression as We Age

A Continuing Education Event

Presented by Kate Mahoney, LCSW
Naomi Ruth Cohen Institute for Mental Health

As a result of participating in this workshop, participants will be able to:

- ~ Describe three key symptoms of depressions
- ~ Describe three key symptoms of anxiety disorders
- ~ Identify local resources for getting help for depression and anxiety disorders

Thursday, April 26, 2018


FAIRMONT CARE

Fairmont Care
5061 N. Pulaski Road
Chicago, IL 60630

4:30pm – 5:00pm

Registration, Buffet, Beverages, and Networking

5:00pm – 6:30pm

Presentation


NAOMI RUTH COHENSM
Institute for Mental Health Education
at The Chicago School of Professional Psychology

This program awards **1.5 CEU** credit to Illinois nurses, professional counselors, social workers and nursing home administrators. License number required.

Advanced registration is required. There is a \$10.00 fee payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation. Payments are non-refundable. Please send to Elderwerks Educational Services, PO Box 92, Cary, IL 60013. To pay by credit card, an invoice will be emailed after registration.

To RSVP, contact events@elderwerks.com or 847-462-0885.

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