

# ***Building Your Brain's 401(k) To Resist Dementia***

**1 Hour  
CEU**



**Dr. Sherrie All**

**Each one of us can build resistance to dementia or delay its onset by investing in brain health. This presentation will review the science supporting brain plasticity and cognitive reserve that lay the foundation for helping provide you the tools to develop strategies to care for your brain and optimize performance.**

**Speaker: Sherrie D. All, Ph.D., Licensed Clinical Neuropsychologist and Founder of the Chicago Center for Cognitive Wellness**

**Tuesday, August 1, 2017**

**8:30am - 9:00am - Registration & Breakfast**

**9:00am - 10:00am - CEU Presentation**

**The Merion  
1611 Chicago Ave.  
Evanston, IL 60201**

**Advance registration is required. Please RSVP to Elderwerks at:  
[Events@Elderwerks.com](mailto:Events@Elderwerks.com) or call 847-462-0885**

*This program is free and open to the general public. 1.0 clock hours of Continuing Education are available to Illinois Social Workers, Professional Counselors, Nurses and Nursing Home Administrators for a \$5.00 non-refundable fee payable to Elderwerks Educational Services, a 501c3 non-profit corporation. Payments are tax deductible in accordance with IL law. Contact Elderwerks for payment options.*

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