

AGE OF ANXIETY

Open to Community Members and Professionals

Presented by Trish Abbey, In-Home Counseling

Why worry? Older adults can have many reasons to be anxious, such as the economy, housing instability, family conflict, illness, separation or loss of loved ones, chronic pain, and more. Anxiety is a treatable disorder when it is recognized, diagnosed, and treated with research-based treatment plans. Trish will be discussing the different types of anxiety disorders, identifying symptoms and presentation of anxiety disorders in older adults, co-morbid diagnoses and how they can impact anxiety, treatment options for anxious clients, and how best to work and connect with someone who may be suffering from an anxiety disorder.

THURSDAY, APRIL 18, 2019

5:30pm – 6:00pm Registration Sign-in & Dinner | 6:00pm – 7:00pm Presentation

Tours available 4:30pm – 5:30pm



ARTIS SENIOR LIVING OF LAKEVIEW

3535 N. ASHLAND AVENUE
CHICAGO, IL 60657

773-697-9003

A **\$5.00* fee** payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation, PO Box 92, Cary, IL 60013, is requested from all registrants prior to this event. Payments are non-refundable. To pay by credit card, an invoice will be emailed through SmartPay after registration.

*** NO FEE for community members**

To register, please email events@elderwerks.org or call 847-462-0885

This program will award **1.0 CE hour** to Illinois Nurses, Social Workers, Professional Counselors and Nursing Home Administrators. License number required

